

INDEX TO ARTICLES IN THE NESSIE

Athletic Events/Heavy Games

Oct 2015	Sheaf toss
Feb 2016	Caber toss
June 2016	The weight throw (28/56#)
Oct 2016	Scottish hammer throw
	Highland Game <i>Light</i> Events (<i>sheep</i> toss, <i>caper</i> throw)
Feb 2017	Sheaf toss
Jun 2017	Stone put
Oct 2017	Weight over the bar
Feb 2018	Stone (shot) put
Oct 2023	Women in heavy games

Fraser Castles

Oct 2014	Kinnaird Castle
Feb 2015	Beaufort Castle
June 2015	Castle Fraser
Oct 2015	Moniack Castle
Feb 2016	Cairnbulg Castle
June 2016	Z- and L-plans

Little Known Facts about Scottish Clans

Oct 2015	Clans are exclusive to Highlands
Feb 2016	Clan tartans are of great antiquity
June 2016	Tartan a Highland Scottish innovation
Oct 2016	Clan crest badges date back centuries
Feb 2017	Status of Clan chief up to Lord Lyon
Jun 2017	Scotland is what makes the Scots "Scottish"

Fraser Bands and Regiments

Oct 2014	The 78th Fraser Highlanders Pipe Band
Feb 2015	78 th Fraser Highlanders
Jun 2021	78 th Fraser Highlanders

Book Reviews

June 2015	The Last Highlander
Oct 2015	Road to Culloden Moor Bonnie Prince Charlie and the '45 Rebellion
Oct 2021	The Chief is a Lady
Feb 2023	Clanlands, Waypoints

Everything You Need to Know About . .

Oct 2015	Sporans
Feb 2016	Highland dancing
June 2016	Bagpipes (with sound URLs)
Oct 2016	Sgian Dubh
Feb 2017	Coats of Arms
Feb 2018	Shinty
Jun 2018	Harris Tweed
Oct 2018	Highland weaponry
Feb 2020	Brooches
Jun 2020	Kilts (with special notes on those Irish)
Feb 2021	Fraser Fir and John Fraser
Feb 2022	What is Highland Dancing?

Did You Know We Have (or Had) . . .

Oct 2014	a Fraser car?
Feb 2015	a Fraser locomotive?
Jun 2015	a Fraser ship?
Oct 2015	a Fraser started the Coast Guard?
Feb 2016	an island?
June 2016	a highly ranked university?
	a Fraser Magnolia?
Oct 2016	our own town (Fraserburgh)?
Jun 2017	a Fraser rifle?
Oct 2017	a Fraser yacht?
Jun 2018	Clan Fraser whisky?
Jun 2019	Our own Fraser whisky?
Oct 2019	Our own Fraser whisky?
Feb 2020	Our own Fraser whisky?
Jun 2020	Our own Fraser tea?
Jun 2021	Our own Fraser shipyard?
Oct 2021	Our own Fraser reserve?
Feb 2022	Our own Fraser magnolia?

Miscellaneous Items

Oct 2014	Scottish Referendum
	Elyza Fraser Mausoleum
	Clan History
	The Frazer (car) John's Notes
	Why do Frasers Have Two Chiefs
Feb 2015	Loch Ness Facts
	Fraser Military Regiments
	Declaration of Arbroath
June 2015	History of the Clan Fraser
	Things only Scottish People say
	Campaign to have Nessie usurp unicorn

Oct 2015	Interview with Eric Frasure CFSNA 201 Annual General Meeting	Mar 2021	What is a convener? An interview with Donald Fraser-Cark, events secretary of Clan Fraser of Scotland & the U.K. New member website
Feb 2016	The Yew tree and Clan Fraser Discovery of Fraser skulls 78 th Fraser Highlanders	Jun 2021	Loch Ness Monster (Edward Muesch) Loch Ness Monster remains? Loch Ness Monster new sighting
June 2016	Clan Fraser celebrates 40 th anniv Fraser magnolia	Oct 2021	Appeal from Lord Simon Fraser
Oct 2016	Death of Douglas Fraser Bunchrew House Who fought each side Culloden? Scottish Saltire	Feb 2022	Hamish McHamish Clarke Simm wedding and travels
Feb 2017	Loch Ness monster sightings highest 2017 Elections call for nominees Diana Gabaldon interview	Oct 2022	Scottish Customs and Etiquette
June 2017	Lovat Scotts in War (pt 2) Standing stones and stone circles	Oct 2023	Scottish heritage of Americans
Oct 2017	Clan memorial stones at Grandfather Mt. St. Andrew's Day Lovat Scotts in War (pt 3)	Clan Fraser Tartans	
Feb 2018	Lovat Scotts in War (pt 4) Purpose of the CFSNA	June 2015	Hunting Ancient, Hunting Dress Dance
Jun 2018	Loch Ness monster on 10p coins Scotland's history of invention Lovat Scouts, WWI (pt 5)	Oct 2015	Arisaid (green dance), Modern Yellow, Hunting Modern
Oct 2018	Some early history of CFSNA Update on our Loch Ness monster A special piece for the Nessie: reconstruct the Thomas Fraser of Struy's plaid Update on Eliza Fraser Lovat Scouts, WWI (pt 6; final) St. Andrew's Day	Feb 2016	Arisaid Red, Gathering Dress
Feb 2019	Where is Simon Fraser's body? CFSNA Bylaws	June 2016	Gathering Green, Gathering Red
Jun 2019	Simon, Chief of Clan Fraser of Lovat Website The Frasers of Neidpath Castle	Oct 2016	Bonnet badges
Oct 2019	A Brief History of Clan Fraser of Canada The Loch Ness Monster: A "Plausible Theory" for Nessie CFSNA a Non-Profit Corporation Under IRS Code 501(c)	Feb 2017	Green Fashion, Fraser Castle
Feb 2020	Some excellent thoughts and advice On attending and enjoying Highland Games"	June 2017	1989 Hunting, Hunting Dress
		Oct 2017	Fraser of Lovat; Fraser of Altyre
		Feb 2018	78 th Fraser Highlanders, Fraser of Boblainy
		Jun 2018	The Scottish Tartans Museum and Heritage Center All Fraser tartans shown in Nessie
		Jun 2020	
		Scottish Tidbits	
		Oct 2014	Outlander Americans of Scots/Irish AncestryDeclaration of Arbroath Under the Kilt
		Feb 2015	Marriage oathing stone
		June 2015	NC Largest Scottish Settlement English gin
		Oct 2015	CFSNA formed 1976 St. Andrews the home of golf Ben Nevis highest point in Scotland 1 st Loch Ness monster sighting Scotland gained independence 1314
		Feb 2016	Stone of Destiny Shortest flight in the world Golf played since 15 th C

	1 st Loch Ness monster sighting	Oct 2018	gins, beach airport, Outlander map
June 2016	Are 787 Scottish islands Arthur Conan Doyle was Scottish	Feb 2019	Robert the Bruce related to Clan Fraser Beth's Newfangled Family Tree Newsletter National Wallace Monument Restoration
Oct 2016	787 Scottish islands Chapel of St. Oran (Iona) Skara Brae (Orkney) Edinburgh fire brigade Grey Friar's Bobby Scotland's motto Eas Coul Aulin waterfall Edradour distillery	Jun 2019	Historic Scottish maps available on Line Dinnie Stones The Stone of Scone Website: Fraser connections Fraser places and historical events LoganAir
Feb 2017	Raincoat ("mac") invented Scotland Christianity the official religion; kirks Kingdom of Scotland independent until Act of Union 1707 Song "Bonnie Banks o' Loch Lomond" Scots with General Custer Interview with Diana Gabaldon – why Jamie Fraser? Fife – Happiness Index Seaforth, Gordon, Cameron units Historic Environment Scotland – thatched buildings.	Oct 2019	King James II and golf Munros Red squirrels National Centre for Children's Literature and Storytelling
Jun 2017	NA Pipe Band competition The Kelpies Celtic languages and Scottish Gaelic Scottish Standing Stones and Circles	Feb 2020	Thistle - national flower of Scotland Kelpies Scottish Brochs News about our mascot, Loch Ness Monster
Oct 2017	TV series ("Loch Ness") Sir Simon Fraser Red heads in Scotland	Jun 2020	D-Day piper Bill Millin Scottish Gaelic lessons Fraser stone at Culloden World's oldest post office closes
Feb 2018	Simon Fraser, 17 th Lord Lovat Scotland "Most Beautiful Country" Headless skeleton: Lord Lovat? Clan Fraser dinner/Worcester 1651 battle site Haggis now in Canada Haggis recipe	Oct 2020	Highland cows Heather Scottish referendum New flag for Skye Disaster on Fraser Island
Jun 2018	The Gaelic language: past & present 2500 castles in Scotland 71 st Fraser's Highlanders Curling stone manufacture Sheep in Scotland Edinburgh memorial to Sir Walter Scott Retracing the 1745 uprising website St. Andrews cross/saltire legend Scots at the Alamo Donna Galbraith's Outlander sales Fraziers Bottom, West Virginia	Feb 2021 Jun 2021 Oct 2021 June 2022 Oct 2022	Scottish castles; Secrets of Culloden Battlefield Flowers of Scotland (Ed Muesch) Two more Loch Ness monster Sightings Loch Morar monster The Hairy Coo (Ed Muesch) Superlative Scots (Anne-Marie Spencer) 220 year old mystery (miniature coffins) Scientists Say New Evidence Suggests Loch Ness Monster's Existence Is 'Plausible'

	An Update on the Eskadale Church Restoration
	Why is Clan Fraser the Basis for The Outlander?
Feb 2023	A wish to be Scottish (Ed Muesch)
	Get your Scots up for Burns night
	Nessie webcams
	Strange Scottish laws
	The Flying Scotsman
Oct 2023	Loch Ness monster hunters
Feb 2024	Wardlaw mausoleum
	Fraser drinking song
	Lord Lovat and Petra have baby
	The Prisoners Stone, Culloden Woods

Famous Frasers

Feb 2016	James Earl Fraser (sculptor)
Jun 2016	John Fraser (early Penn. History)
Oct 2018	Eliza Fraser

The Joys of Single Malt Whisky

Jun 2019	How whisky is made
Oct 2019	Whisky regions
Feb 2020	Bill Frazier (The Cult of Single Malt)
	Don Fraser (How I found my Favorite Scotch)
Jun 2020	Some whisky basics
	Whisky trivia
	The Grill pub in Aberdeen
	Forrest Carroll III (Whisky recommendation (Glendronach))
	Special members offer for Clan Fraser whisky
	Kristina Van Buskirk (Covid-19 and whisky)
	Cindy Trueba - a new drammer
Oct 2020	Whiskey vs Whisky
	Review of Talisker Storm
	Review of Glen Moray
	Michael Jackson's whisky book
Feb 2021	Edradour Distillery
Jun 2021	Aberfeldy, Tomatin, Highland Park
Oct 2021	Make it Sweet or Make it Peat
	Glenfiddich 14y Bourbon Barrel Reserve

	McLelland's
	The Balvernie 15y
	AbelourA'Bunadh
Feb 2022	Tasting on a Royal Caribbean cruise
	Whisky brain teasers
	Glenmorangie Lasanta
	Ben Nevis "The Old Fox"
	Fun facts about whisky
June 2022	Oban 14y
	Clynelish 14y
	Benriach 10y
	Grangeston 12y
	Fun facts about Scotch
	Diana Galbaldon signs bottles
	Peatiness of Whisky
	A book for whisky lovers
Oct 2022	Balvenie Double Wood 17yr
	Whisky Recipe – The Penicillin
	Words you might hear when drinking inScotland
Feb 2023	Whisky Advent box
	Different whisky casks
Oct 2023	SMW trivia/facts
Feb 2024	Organizing your collection

Some Scottish Recipes

Jun 2019	Scotch eggs
	Mince and tatties
Oct 2019	Traditional Scottish porridge
	Cock-a-Leekie Soup
Feb 2020	Cullen Skink
Oct 2020	Scottish oatcakes
	Cheese scones
Feb 2021	Shortbread fingers
Oct 2022	Cranachan, Scottish Rum Chocolate
	Truffles
Feb 2023	Full Scottish breakfast
Oct 2023	Burn's Night Supper

Clan History

Oct 2014	Lovat Fraser
	James H. Fraser/Frasure
	Surnames of 1790 US census
	A Fraser Family Saga – Scotland to America
	Martin Frazer
	Why two chiefs?
Feb 2015	Frasers of Philorth/Lord Saltoun

	Fraser's of Lovat
Oct 2018	Some early history of CFSNA
Jun 2018	Fraser's from Stratherrick
	Who was Simon Fraser, 11 th Lord Lovat
Jun 2019	History of St. Mary's Eskadale - Lovat Private Chapel
June 2020	"Two clans within our clan"
	All about septs
	The Fraser shield
	Where did Fraser clan reside?
	Fraser tartans
June 2022	Lovat Clan History

Some Scottish History

Feb 2019	Jacobite flags
Feb 2021	Battle of Stirling Bridge
Oct 2020	The Glencoe massacre
Jun 2021	Scapa Flow
	Scottish Island Tradition of Skekling
June 2022	The Battle of Roslyn
Oct 2023	The Battle of the Shirts
Feb 2023	Scottish brochs

CFSNA Genealogy

Feb 2017	Frazier Family Lineage 1721 to 1999
Jun 2017	Hal Shepherd
Oct 2017	Juanita Paul (CFSNA genealogist)
	Charles Alexander Fraser, Pictou, NS
	A Fraser Family Saga – Scotland to America
	Robert Simson
	Averills and Fraziers
Feb 2018	Juanita Paull
Jun 2019	Bradley Burrell (Margaret & James Fraser)
	Juanita Paull (Fraser slave heritage)
	Michele Gendron (Fraser's of the Gendron family)
Oct 2019	Steven Hertzog query
	Juanita Paul (Fraser and Septs DNA Project)
	Elizabeth Czepiel (Boleskine House)
	Liz Czepiel (book by TJ Lovat, "Son of a Jacobite")
Feb 2020	Don Fraser (adding color to histories)
	Don Fraser (The Ellen Payne Odom Genealogy Library)

Jun 2020	Regina Simmons query
	Lynn Fraser Gerdes query
	Ron Blackwell - on Rev. Francis Makemie
	Norman Dunkinson ("How I Discovered my Fraser Ancestors (A Lesson in Persistence)")
	Hal Shepherd (Searching for Fraser's in Northwestern Europe)
Oct 2020	Shetland Island Fraser's
	Brad Burrell's findings and suggestions
Feb 2021	Professional genealogists available
	"Ramblings" by Brad Burrell
Jun 2021	Genealogist recommendations for Pennsylvania, Scotland
	Anne Spencer on Fraser tartans vs Outlander
Feb 2020	Affirmation of founding of CFSNA
Jun 2022	Town of Pictou 2023 celebration and Hector family
	Fraser's in the New Jersey/Maryland /West Virginia
Feb 2023	Culloden sword?
Oct 2023	Kevin Sugg
	Transcriptions from Fraser coffin
	Plaques, Wardlaw Mausoleum,

A Quiz!

June 2015
June 2017
Feb 2018
Oct 2020
Feb 2021
Jun 2021
Feb 2023
Oct 2023

Flowers of the Forest

Oct 2019	John Fraser
Feb 2020	Martin Fraser
	William "Willie" McRae
Oct 2020	Leah Marajatta Rajala Fraser
	Kim Fraser (uncle of Lord Lovat)
	Steven Simm
Jun 2021	Donald Frank Macdonald
	Sheila Frazer Daigneault

Oct 2021 Pat Johnson
Feb 2022 Gary Fraser

Standing Item Categories

Notes from Fraser Clansmen
Upcoming Games
Fraser groups on Facebook
Reports on Scottish Games
A little Scottish humor
Crest badges
Septs
Membership form
New members
Clan Fraser T-shirts

Series on Scottish Towns, Cities, Sites

Feb 2020 7 historic sites selected by
VisitScotland
Jun 2020 Stirling
Oct 2020 John O’Groats
Feb 2021 Isle of Mull
Jun 2021 Old Leanach Cottage, Culloden
Feb 2022 Culloden Battlefield & Visitor Center
June 2022 Kilmartin Village
Oct 2022 Tobermory, Mull
Feb 2023 Eight of Scotland’s most beautiful
streets

Clan Fraser Basics

June 2020 “Two clans within our clan”
All about septs
The Fraser shield
Where did Fraser clan reside?
Fraser tartans
Oct 2020 Clan Fraser in the Borders and
Highland
The Fraser shield

The Covid-19 Section of the Nessie

Oct 2020 Connecting to our heritage in a
virtual world
Virtual tour of Edinburgh Castle
Feb 2021 Ghosts of Scotland
Origin of pandemic, vaccine,
Quarantine

Blasts from Nessie Pasts

Feb 2021 18 Clan Fraser tartans
Jun 2021 Fraser castles – 1
Oct 2021 Fraser castles – 2
Feb 2022 Fraser castles – 2,3
June 2022 We have two clans within our clan

Kid’s Corner

June 2022 Clan search, make your own tartan
Oct 2022 Highland games for kids
Feb 2023 Meet Morag, the other Scottish
monster